



Education & Communities

Public Schools NSW

# JUMBUNNA

Issue 1, Term 1, 2015

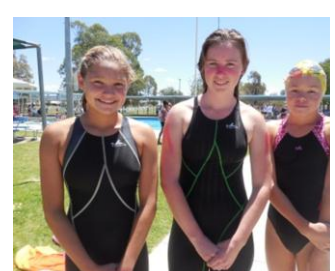


## Swimming Carnival

### WINNING HOUSE - MITCHELL

The annual swimming carnival was a fantastic event again this year. It was great to see so many students participating and earning house points. The house war cries were a stand out creating an electric atmosphere. Mitchell was the champion house closely followed by Oxley and Sturt. Records were broken by Chelsey Hewett, Charlotte Scotson, Coby Hall and Bella Gough. The WSSA secondary swimming carnival will be held in Dubbo on 5 March 2015. A special thank you to Mr Bignall and Mrs Rookledge for the wonderful BBQ on the day.

Mr I. Hinton - PDHPE Teacher



# FROM THE PRINCIPAL



## Welcome to the 2015 School Year

I trust that everyone had an enjoyable break and is looking forward to another dynamic and productive school year. At Warren Central School, 2015 is the “International Year of Light” and we will be making this the focus of all our professional learning throughout the year. Students and staff will once again be asked to extend the student’s visual literacy and thinking skills to prepare them to be productive 21<sup>st</sup> Century learners. The school is also continuing to invest in professional learning that will improve the levels of engagement of the students. Attendance is vitally important to achievement as it allows students to gain the knowledge and skills to succeed by following a well-designed and sequential path. It is crucial that your child attends school every day to gain the maximum benefit we can provide at Warren Central School. There are some sufficient changes from the Department of Education and Communities towards attendance and will be outlined in detail later in my report.

I would like to welcome our new teachers to the school community. Mrs Rachael Quigley has joined the Primary staff again after being on maternity leave and will be working with Mrs McCormack and Mrs McArdle. Mrs Westgarth at the end of last year was successful at interview for the position of Assistant Principal replacing Ms Joan Reeves. Mrs Westgarth is an outstanding teacher and leader and will be an asset on the school’s leadership team. Mrs McArdle is continuing in her new role of Instructional Leader as part of the Early Action for Success Initiative and Mrs Elyse Perry is replacing her as Assistant Principal for 2015-16.

Positive publicity is a real focus of the school in 2015. Thank you to the large number of parents and carers who have returned their Permission to Publish and Disclose Information on Facebook. The school’s Facebook page has already received 404 likes and is becoming a major vehicle for communication with the school and wider community. We would like to share at least one good news story per day via our Facebook page.

## Changes to Attendance

As part of the implementation of the National Standards, **holidays taken by students outside of school vacation periods will now be included as absences and a certificate of exemption will no longer be granted.** Families are being encouraged to holiday or travel during school vacation periods. If travel outside of school vacation periods is necessary the following considerations apply: if the principal accepts the reason for the absence a Certificate of Extended Leave – Holiday will be issued and if the principal does not believe the absence is in the best interests of the student an absence will be recorded and no certificate issued. If the period of absence exceeds 50 days, the student may be eligible to enrol in distance education.

## Updating Information

It is important for parents and carers to update their contact phone numbers and addresses with the school. This allows us to contact you if there is an emergency or other matter that requires prompt attention. Incorrect information can also affect the payment of Back to School allowances. Parents and caregivers must also notify the school of any medical conditions so that if illness or accidents occur your child can receive the best medical treatment available. **Please contact the school during school hours to amend your details.**

SCHOOL INFORMATION		
<b>Address</b> 63 Chester Street WARREN NSW 2824 <b>Phone: 68474438</b> <b>Fax: 68474419</b>	<b>Email Address</b> <a href="mailto:Warren-c.school@det.nsw.edu.au">Warren-c.school@det.nsw.edu.au</a>  <b>Website</b> <a href="http://www.warren-c.schools.nsw.edu.au">www.warren-c.schools.nsw.edu.au</a>	Mr William White <b>Principal</b>  Mr Wade Greenwood <b>Deputy Principal</b>

# FROM THE PRIMARY

## Swimming Carnival

Congratulations to all Years 1– 6 students who participated in our swimming carnival. The following students have been selected to swim at the Gobondery/NARRAF Carnival this Friday in Narromine.

Congratulations to Charlotte Hopkin, Bella Gough, Coby Hall, Toby Greenwood , Lilly Higgins, Shamika Kentwell, Taylah Rolfe-Coppin, Ruby Smith, Leila Gough, Natalie Walters, Harry Hammond, Zephyr Nielsen, Jaziah Amatto-Shepherd, Logan Hewett, Heath Gough, Chelsey Hewett, Sophie Hopkin, Mackenzie Parady, Charlotte Scotson and Tsharlia Shepherd.

## Our K - 6 Assembly will be held on Wednesday 4 March at 2.05pm.

All parents, carers, family and friends are warmly welcome to come along and join in as we celebrate our wonderful students and their progress.

## NRL Visit

NRL Development in conjunction with the Canterbury Bankstown Bulldogs visited our school last week. The visit involved NRL players visiting our school to promote Rugby League and various key messages relevant to primary and secondary school students. The focus of the visit was “Wellbeing” and reinforced the importance of physical activity, nutrition and mental wellbeing in a young person’s life.



## “Hat on, play on”

With the approach of the warmer weather we will be again closely monitoring the wearing of hats for outdoor activities. Students without a school hat are required to sit under the shelter and are not permitted in the playground during breaks. Please take this opportunity to check your children’s hats for labels, size etc. New hats are available through the front office for \$15 each.

## School Pick Up

Please remember to follow road rules outside the school when picking up students and be aware of the No Standing and No Stopping areas in the vicinity of the pedestrian crossing. Staff will hold children in the school grounds until you have parked safely and walked up to collect them. Once you have your child please move away from the area quickly to avoid congestion and confusion at the gate.

## School Uniform

Thank you to all parents for assisting your student to look extremely smart in their full school uniform. Please remember the uniform for K-6 girls is black watch tartan skirt or skort and for the boys grey shorts. On Fridays the sport uniform is green shorts for boys and green shorts/skirt/skort for girls.

## Positive Behaviour for Learning

Our wonderful Respectful, Responsible Learners in K – 6 are already displaying arms loaded with teal, pink and purple bands. Congratulations to those students who are continually Respectful, Responsible Learners.

To receive a band, students must be in school uniform Monday - Thursday and on Friday in sports uniform.

At the end of each term **ALL** bands, except Rainbow, must be handed in to be washed and ready to be distributed the next term. It is not financially viable to allow students to keep all the bands collected each term.

In terms 1, 2 and 3 the Rainbow rewards day will be held on the Tuesday of the last week of each term and in Term 4 it will be held on the Tuesday of the second last week.

Students are encouraged to trade their bands each day so we have a better turnover of bands, especially Teal bands. No more than 6 teal bands can be traded at each time ie 6 teal bands = 2 pink bands.

Once a trade has been completed students must wait until the next trade time to exchange bands.

A third pink, purple or yellow band cannot be traded immediately for the next level band but must be traded the following day. This allows students to wear the three bands of each colour to proudly display their achievements for a day before trading up.

## Kindergarten

A special welcome to our Kindergarten children for 2015. We wish them all a very happy time at school and a smooth adjustment to their new routine. (And of course to parents as you adjust!!)

### KINDERGARTEN 2015



Mrs Westgarth – Assistant Principal  
Mrs Perry – Rel. Assistant Principal

## Welcome to School Banking 2015

Did you know we have a School Banking program? It aims to teach your children about the importance of putting a little away every week. An added bonus is that our P&C earns a commission on the deposits made so the more bankers we have the more we earn!

If you would like your child(ren) to commence weekly banking, here are the steps:

- Open an account for your children at the Commonwealth Bank (or use an existing one if they have one.)
- Send in their bank book and money each Tuesday to be handed to their teacher. If students are in Secondary, they may bring their bank book to Mrs Ridley in the library first thing Tuesday morning.

Your child's deposit books will come back with a token that should be kept in the bank book. Once your child obtains ten of these they will be replaced with a gold token. When your child would like to redeem a prize (see the rewards sheet taped inside your child's envelope for what's available), you simply leave the gold token in the wallet and also include the completed rewards order form. Note that not all rewards are available every term. Our school banker places one order per term at the end of the term so prizes will hopefully be sent back to the school by the beginning of the next term.

Mrs J. Ridley

## Rugby League Colouring-in Competition Winners



What's On		
Week 5	04/03/15	K-6 Assembly
	05/03/15	CWA Public Speaking
	06/03/15	Western PSSA Swimming - Dubbo
Week 6	11/03/15	Secondary Science Engineering Challenge
	12/03/15	Stage 3 Science Challenge
Week 7	18/03/15	Motivational Media Year 6-12
	20/03/15	Gobondery/NARRAF Cricket/Softball – Peak Hill
Week 8	25/03/15	State PSSA Swimming
Week 9	30/03/15	Moorambilla (Primary)
	31/03/15	Primary Rugby 7's - Warren

# 6 tips to increase fruit and vegetables at home

- 1 Be a role model**  
Let your kids see you enjoying fruit, vegetables and water.
- 2 Get the kids involved**  
Grow, shop and cook with your kids. They're more likely to eat something they've helped prepare.
- 3 Make it accessible**  
At home, keep ready to eat fruit and vegetables in easy to see and reach places. For example, place a fruit bowl on the counter and have ready chopped veggie sticks or fruit at kids' eye level in the fridge.
- 4 Try Crunch&Sip® at home**  
Make time on weekends or during school holidays for a quick snack of fruit or veggies.



- 5 Keep trying!**  
Kids might need to be offered new foods up to ten times before they try them, so don't give up if a new food is rejected first time!
- 6 Include it in every meal**  
Think about how you can add vegetables to all your meals. For instance, add grated vegetables such as carrot and zucchini to bolognese, shepherds pie, pasta sauce and burger patties.



# Crunch&Sip®

## Information for parents

### What is Crunch&Sip®?

Crunch&Sip® is a primary school program where children crunch on fruit and/or vegetables and sip water at a set time during class every day.

### Why it matters:

Crunch&Sip® encourages children to choose fruit and vegetables as a snack and water as a drink. It enables them to 're-fuel' and rehydrate, which helps improve concentration and mental and physical performance. Children rarely drink enough water and often forget to drink unless reminded, which can cause headaches and irritability. Crunch&Sip® gives them the opportunity to drink water, avoiding dehydration.

Crunch&Sip® helps ensure the fruit or vegetables you pack are eaten when they otherwise may not be. It is a great opportunity to promote vegetables as research shows children don't eat enough veggies, whereas they often eat enough fruit. Fruit and vegetables provide vital nutrients for kids, which are important for good health, both now and in the future.

### What you need to do:

Send your child to school with a water bottle and some fruit or vegetables so they can participate in Crunch&Sip®. The fruit or vegetables need to be ready to eat in the classroom. See overleaf for suggestions.

# what to pack

**A bottle of plain water**  
When it comes to thirst, choose water first! Give your child a bottle of water to take to school every day.

**A whole piece of fruit or veg**  
Choose an easy to eat fruit or vegetable that isn't messy, such as a carrot, apple, mandarin or banana.

**Several whole, smaller fruit or veg**  
Use a container or bag to pack snow peas, corn, mushrooms, strawberries or grapes, for example.

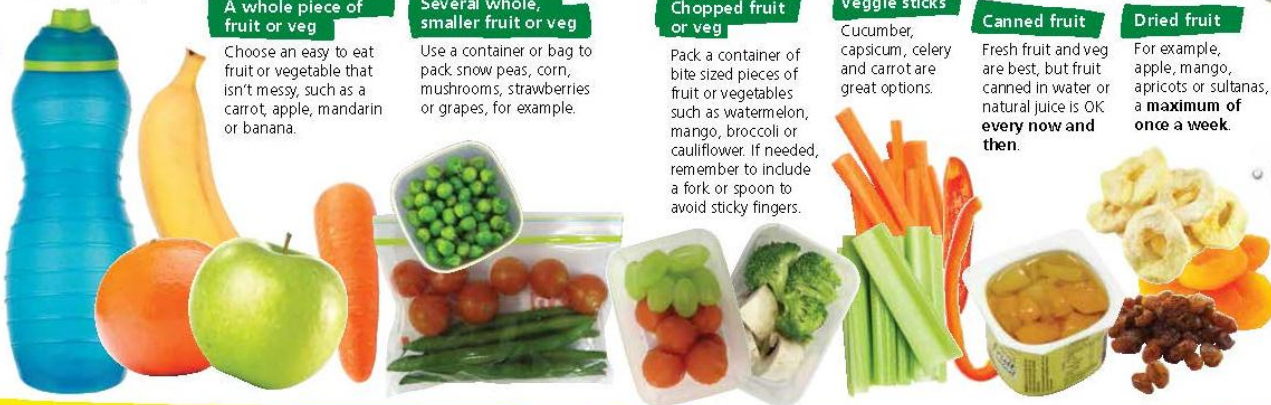
# for Crunch&Sip® here are some examples

**Chopped fruit or veg**  
Pack a container of bite sized pieces of fruit or vegetables such as watermelon, mango, broccoli or cauliflower. If needed, remember to include a fork or spoon to avoid sticky fingers.

**Veggie sticks**  
Cucumber, capsicum, celery and carrot are great options.

**Canned fruit**  
Fresh fruit and veg are best, but fruit canned in water or natural juice is OK every now and then.

**Dried fruit**  
For example, apple, mango, apricots or sultanas, a maximum of once a week.



## Helpful tips for Crunch&Sip®

- 1 Only fruit and vegetables are suitable for Crunch&Sip®.** The following are NOT suitable: fruit juice, fruit products such as roll-ups, leathers or straps; potato or veggie chips; olives; fruit canned in syrup; popcorn.
- 2 Crunch&Sip® is a good opportunity to encourage your child to eat a variety of fruit and vegetables.** Variety packs look great and are a good way to introduce new fruit and vegetables alongside more familiar or accepted ones.
- 3 Make sure whatever you pack is a suitable amount for your child and ready for them to eat.** No chopping or preparing can be done at school. Include a fork or spoon when needed.
- 4 Prepare Crunch&Sip® snacks in advance.** Plan for the week ahead by chopping all the snacks needed for Crunch&Sip® at one time. Or, simply cut extra vegetables when preparing dinner the night before.
- 5 Crunch&Sip® is an excellent opportunity to encourage vegetables.** Research shows that most kids eat enough fruit, but they need to increase the amount of vegetables they eat every day. Raw veggies make a great snack for Crunch&Sip®.
- 6 Dried fruit should only be eaten occasionally,** such as a maximum of once a week, as it sticks to teeth increasing the risk of tooth decay. Encourage your child to swish water around their mouth after eating dried fruit to help prevent tooth decay.

Note: Your child's school may request some food items not be brought to school where there are students with severe allergies.

# FROM THE SECONDARY

## Assessments for Years 7 to 12 due are:

Term 1	Year	Subject
Week 3	12	PDHPE
		Aboriginal Studies
Week 4	Stage 4	Wood
Week 5	12	Mathematics Extension 1
	Stage 4	Mixed Media
		History 1
Week 6	12	Mathematics
		General Mathematics 2
		Hospitality
	11	Exploring Early Childhood
		Stage 4

*Reminder that all Mathematics students need to have a calculator in class every lesson. The calculator is an important tool for the lesson. They can be purchased at the School office.*

**Mrs D. Hamilton – Head Teacher**

## Leadership Day

Today 30 students from Years 6 to 11 participated in a Youth Leadership Day sponsored by Catholic Community Services in Narromine. Students worked on developing projects to assist the local community under the guidance of experienced presenters. They will now work on organising a community fun run to raise funds for local charities. Warren Central School would like to thank Amanda Glasson for organising this wonderful opportunity for our students and we would also like to thank the presenters, Catherine and Bo.





# WARREN CENTRAL SCHOOL

(Established 1867)

Chester Street  
Warren, 2824  
Phone: 02 68474438  
Fax: 0268474419

Email: [Warren-c.school@det.nsw.edu.au](mailto:Warren-c.school@det.nsw.edu.au)  
Website: [www.warren-c.schools.nsw.edu.au](http://www.warren-c.schools.nsw.edu.au)

## GENERAL SCHOOL CONTRIBUTIONS FOR 2015

K-6	-	\$35
Years 7 & 8	-	\$50
Years 9 & 10	-	\$35
Years 11 & 12	-	\$35

**Please Note:** The General School Contribution is a voluntary fee, which we urge that you consider paying. All funds attained from this contribution are used to support the school's curriculum. It is used for:

1. Extra resources used in our classroom programs.
2. Some paper and pens etc used in K-6 classes.
3. Resources for Whole School Staffing.
4. To subsidise a variety of cultural programs/variety performances.
5. To assist in the purchase of teaching resources, computer software, sporting gear and library resources used in our teaching programs.

## SUBJECT CONTRIBUTIONS

These contributions are used to cover some of the extra costs of consumable materials and equipment used in a variety of classes included in our curriculum. As students elect to study these courses as part of their curriculum pattern it is expected that these contributions be made to assist us provide this material. (eg food, art supplies, wood, some machinery etc).

Subject contributions fees for 2015 are as follows:

Agriculture	Years 9 & 10	\$20
Art	Years 11 & 12	\$50 (plus cost of extra Major Work material)
Art	Years 9 & 10	\$50
Digital Media	Years 9 & 10	\$30 (plus USB & Visual Diary)
Food Technology	Years 9 & 10	\$200 (\$50 per term)
Food Technology	Years 11 & 12	\$40 (\$10 per term)
Hospitality	Years 11 & 12	\$200 (\$50 per term)
Textiles	Years 9 & 10	\$30
Technics – Wood	Years 9 & 10	\$100 (\$25 per term)
Technics – Metal	Years 9 & 10	\$100 (\$25 per term)
Tech Drawing	Years 9 & 10	\$10
Technology	Years 7 & 8	\$30
Industrial Tech	Years 11 & 12	\$25 (plus the cost of material used in projects)
Computing Studies	Years 9 & 10	\$30
Computing Studies	Years 11 & 12	\$30
Music	Years 9-12	\$20
Visual Design		\$50

Should you have problems in meeting these contributions please contact the school. Fees may also be paid in instalments.

Mr William White,  
Principal



# WARREN CENTRAL SCHOOL P&C

ABN: 69 78 41 471 967

63 Chester Street  
WARREN NSW 2824

## UNIFORM ORDER FORM

STUDENT NAME:		CLASS:	
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NAME TO APPEAR ON INVOICE:	
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CONTACT PHONE NUMBER:	
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ITEM DESCRIPTION	SIZE	QUANTITY	AMOUNT DUE
<b>TOTALS:</b>			

**For prices, please refer to the price list below.**

- Please enclose this form with the correct money in a sealed envelope and return to the school office.
- The uniform shop is open between 1.30pm and 2.00pm daily, any queries contact Mrs Trish Smith on 68474271 or 0429300660.

**Note: A small quantity of school hats will be kept at the school office for purchasing on any school day.**

### UNIFORM PRICE LIST

Green bucket hats with school crest .....	\$15.00
Polo shirts – lemon or white – with school crest .....	\$25.00
Bottle green sloppy joe with school crest .....	\$25.00
School Jacket with school crest .....	\$75.00

#### K-6 girls skirt or skort

Skirt – sizes 2 – 8 .....	\$25.00
Skirt – sizes 10 – 16 .....	\$30.00
Skort – sizes 2 – 8 .....	\$27.00
Skort – sizes 10 – 16 .....	\$32.00